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The go-to book on the grieving process. This new edition of the bestselling classic offers sensitive and practical advice on how to deal with the grieving process, from coping with the funeral to managing anniversaries and special dates. Suitable for both the bereaved and their support team, it explains what to expect emotionally, psychologically and practically from the first day through the first year, as well as outlining the physical and emotional reactions to grief, why men and women ...

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This book gives an outline of the grieving process, the kind of reactions which occur when one is bereaved. It also offers suggestions on how to enhance the process and decrease potential suffering. It should be read by those who are int ouch with bereaved people, as well as the bereaved themselves.

Named a 2013 Doody's Core Title! "In the fields of death education, research and counseling/psychology, surely Bill Worden is a giant...ALL of us, personally and professionally, are indebted to J. William Worden. From his work we may be just a bit wiser, a bit healthier, a bit more competent, and a lot more in touch with meaning (our own and those of others) for the sake of all who mourn." --Illness, Crisis, & Loss "Every helping professional will profit from Worden's treatment of uncomplicated and complicated mourning. Especially hopefully is his material on the many types of loss...I highly recommend Worden's book."--Ministry Recipient of The International Work Group on Death, Dying and Bereavement Herman Feifel Award. Dr. Worden presents the highly anticipated fourth edition to Grief Counseling and Grief Therapy, the gold standard of grief therapy handbooks. The previous editions, translated into 12 languages, received worldwide acclaim for their sensitive, insightful, and practical approach to grief counseling. In this updated and revised fourth edition, Dr. Worden presents his most recent thinking on bereavement drawn from extensive research, clinical work, and the best of the new literature. Key Features: The task model has been modified to account for new thinking and research findings in the field, including meaning making, resilience, and continuing bonds A new chapter on the Mediators of Mourning helps clinicians to understand what accounts for individual differences in adapting to the death of a loved one Looks at recent controversies in the field including the best way to understand complicated bereavement and the efficacy of grief counseling and therapy Presents the vital distinction between grief and trauma, and highlights different intervention approaches for each Comprehensive and highly organized, this text is useful to therapists just beginning to work in the field as well as seasoned practitioners.

Helps newly bereaved pet owners through the grief, pain, and confusion that follow the death of a pet, explaining each stage of the bereavement process and how to make it less agonizing

The loss of a loved one is one of the most painful experiences that most of us will ever have to face in our lives. This book recognises that there is no single solution to the problems of bereavement but that an understanding of grief can help the bereaved to realise that they are not alone in their experience. Long recognised as the most authoritative work of its kind, this new edition has been revised and extended to take into account recent research findings on both sides of the Atlantic. Parkes and Prigerson include additional information about the different circumstances of bereavement including traumatic losses, disasters, and complicated grief, as well as providing details on how social, religious, and cultural influences determine how we grieve. Bereavement provides guidance on preparing for the loss of a loved one, and coping after they have gone. It also discusses how to identify the minority in whom bereavement may lead to impairment of physical and/or mental health and how to ensure they get the help they need. This classic text will continue to be of value to the bereaved themselves, as well as the professionals and friends who seek to help and understand them.

Professional bereavement counselor Wallace Sife updates and expands his book for readers who need help coping with and understanding this particular kind of grief. 30 photos.

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The go-to book on the grieving process. This new edition of the bestselling classic offers sensitive and practical advice on how to deal with the grieving process, from coping with the funeral to managing anniversaries and special dates. Suitable for both the bereaved and their support team, it explains what to expect emotionally, psychologically and practically from the first day through the first year, as well as outlining the physical and emotional reactions to grief, why men and women react differently, how children deal with grief, and some of the long-term consequences of bereavement. New chapters include complicated grief, memorialisation, talking to children about traumatic death, and compassionate ways to talk to the bereaved. Whether you have been bereaved, or are supporting someone who is grieving, this self-help book will prove invaluable, and show you how to survive or help others survive the most challenging experience a human being can have: the loss of a loved one.

In his classic text, Dr. Worden presents his current thinking on bereavement drawn from extensive research clinical work, and the best of the new literature. Readers will find new information on special types of losses including childrens violent deaths, grief and the elderly, and anticipatory grief as well as refinements to his basic model for mourning.

Fourth Edition Named a 2013 Doody's Core Title! Praise for the Fourth Edition: "In the fields of death education, research and counseling/psychology, surely Bill Worden is a giant...ALL of us, personally and professionally, are indebted to [him]. From his work we may be just a bit wiser, a bit healthier, a bit more competent, and a lot more in touch with meaning for the sake of all who mourn." --Illness, Crisis, & Loss "[I]f you knew Worden's work and his writings previously, you'll find an enhanced book with a much broader and challenging perspective than his previous editions. If you are not familiar with Bill Worden, then it is time to begin." --Ben Wolfe, MEd, LICSW, Fellow in Thanatology, Program Manager/Grief Counselor, St. Mary's Medical Center's Grief Support Center Duluth, MN Encompassing new content on the treatment of grief, loss, and bereavement, the updated and revised fifth edition of this gold-standard text continues to deliver the most up-to-date research and practical information for upper-level students and practitioners alike. The fifth edition includes updates to the author's Tasks and Mediators of Mourning, new case studies, and valuable Instructor Resources. The text highlights recent initiatives to extend care to the bereaved and fosters the knowledge and skills required for effective intervention and even preventative treatment. Also addressed is the impact of social media and online resources for "cyber mourning," changes in the DSM-5 as they influence bereavement work, alternate models of mourning, and new findings on the varied qualities of grief. The fifth edition continues to present a well-organized, concise format that is easy to read and provides critical information for master's level health courses in grief counseling and grief therapy as well as for new and seasoned practitioners alike. New to the Fifth Edition: Refinements to the author's TASKS of Mourning New considerations regarding Mediators of Mourning on social variables The impact of social media and online resources on "cyber mourning" Complicated spiritual grief after mass shootings and other catastrophes Changes in the DSM-5 as they influence bereavement work Cross-cultural and multifaceted counseling for specialized grief, including grandparent's grief, prolonged grief disorder, and HIV-AIDS-related bereavement Updated information on grief and depression New case studies and updated references Includes reflection and discussion questions in each chapter Updated and revised information on grief counseling training Accompanying instructor packet with Manual, PowerPoint slides, and Test Bank

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